

Mental Health Counseling Resource Directory

Updated 1/31/25

Arukah Institute of Healing
1916 N. Main St. Suite 3 Princeton, IL 61356
815-872-2943

Calhoun Consultants, LLC
Kimberly Calhoun, Psychologist
900 Hitt St. Ottawa IL, 61350
815-501-2888

North Central Behavioral Health Systems
2960 Chartres St. LaSalle, IL 61301 (crisis services)
815-224-1610
530 Park Ave. East Princeton, IL 61356
815-224-1610

Life Balance Counseling and Wellness
2428 Chartres St. LaSalle, IL 61301
815-780-8765

Open Doors Community Counseling
406 S. Gosse Blvd. Princeton, IL 61356
815-875-4548

Freedom House
Domestic Violence and Sexual Assault Services/Emergency Shelter
440 Elm Place Princeton, IL 61356
815-872-0087

Sinnissippi Centers
325 IL Rt 2 Dixon, IL 61021
815-284-6611
2611 Woodlawn Road Sterling, IL 61081
815-625-0013

Moeller, Myers, & Associates
3917 E. Lincolnway, Suite C. Sterling, IL 61081
815-626-8760

Illinois Valley Counseling Services
901 Main St. Mendota, IL 61342
*Does not accept public aid

Duly Health and Care
Dr. John Mertdogan, Psychiatrist
1401 Lakewood Dr. Suite A Morris, IL 60450
815-942-6323

Crossroads Counseling Services
601 W. Norris Drive Suite 302 Ottawa, IL
815-941-3882

Empowering Minds Counseling
408 W. Main St. Ottawa, IL 61350
815-326-9502

Bridgeway Inc.
137 E. College St. Kewanee, IL 61443
309-852-4331

YWCA of Sauk Valley
421 1st Ave. Sterling, IL 61081
815-625-0333

Pathways Psychology Services
3933 75th St. Suite 102 Aurora, IL 60504
630-293-8960

Youth Service Bureau
20 W. Century Drive Princeton, IL 61356
815-872-2119
424 W. Madison St. Ottawa, IL 61350 (main office open 24 hours)
815-433-3953

Braveheart Child Advocacy Center
500 Elm Place Princeton, IL 61356
309-937-5663